Trillium Drop-In Center ~ 13184 Centerpointe Way ~ Woodbridge, VA 22193 ~ 703.763.3865

February 2017 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Trillium DROP-IN CENTER, INC.		drop-in... make some new friends!	1 **Stop Smoking** 10:30 a.m. Affirmations with Michelle 1 p.m. **Support Group** 7 p.m.	2 **Stop Smoking** 10:30 a.m. **Managing Anxiety** 1 p.m. **Spades** 6 p.m.	3 **Pool Tourney** 1 p.m. **WHAM Workshop** 3-5 p.m. **Support Group** 8 p.m.	4 SCRABBLE 1 p.m. **Gratitude** 5 p.m.
5 Sorry We're Closed	6 **Stop Smoking** 10:30 a.m. **Laughter Yoga** 1 p.m. **Recovery & Hope** 6 p.m.	7 **Wellness Chat** 1 p.m. **Playing with Words** 4 p.m. **Support Group** 6 p.m.	8 **Stop Smoking** 10:30 a.m. **Staff Meeting** Closed 3:30-6:30 p.m. **Support Group** 7 p.m.	9 **Stop Smoking** 10:30 a.m. **Recovery Basics** 1 p.m. **Spades** 6 p.m.	10 **Golf** 1 p.m. **WHAM Workshop** 3-5 p.m. **Support Group** 8 p.m.	11 BINGO 3 p.m. **Music Group** 5p.m.
12 Sorry We're Closed	13 **Stop Smoking** 10:30 a.m. **Spades** 1 p.m. **Beyond Diagnosis** 6 p.m.	14 **Pool Tourney** 1 p.m. **Dual Diagnosis** Support Group 6 p.m.	15 **Stop Smoking** 10:30 a.m. Affirmations with Michelle 1 p.m. **Support Group** 7 p.m.	16 **Stop Smoking** 10:30 a.m. Advocating for Yourself! 1 p.m. **Spades** 6 p.m.	17 **Laughter Yoga** 1 p.m. **WHAM Support** 3-4 p.m. **Support Group** 8 p.m.	18 SCRABBLE 1 p.m. **Gratitude** 5 p.m.
19 Sorry We're Closed	20 **Stop Smoking** 10:30 a.m. **Goal Setting** 1 p.m. **Change is Possible** 6 p.m.	21 **About Confidence** 1 p.m. **Playing with Words** 4 p.m. **Support Group** 6 p.m.	22 **Stop Smoking** 10:30 a.m. Money Mgmt 5 p.m. Women's Support Group 7 p.m.	23 **Stop Smoking** 10:30 a.m. **Positive Thinking** 1 p.m. **Movie Night** 6 p.m.	24 **Pool Tourney** 1 p.m. **WHAM Support** 3-4 p.m. **Support Group** 8 p.m.	25 BINGO 3 p.m. **Music Group** 5p.m.
26 Sorry We're Closed	27 **Stop Smoking** 10:30 a.m. **Fun w/ Paint** 1 p.m. **I Want My Life Back** 6 p.m.	28 **Pool Tourney** 1 p.m. **Support Group** 6 p.m.				

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