

November 2017

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
drop-in... make some new friends!			1 Wellness Chat 1 p.m. WHAM 3 p.m. Women's Support Group 6 p.m.	2 Managing Anxiety 1 p.m. Social Skills 6 p.m.	3 Coloring Pizzazz with Carla! 1 p.m. Support Group 8 p.m.	4  Pool Tourney 1 p.m. Social Skills 5p.m.
5 Sorry We're Closed 	6 Noon Yoga 12:00 Beyond Diagnosis 6 p.m.	7 Laughter Yoga 1 p.m.  Spades 6 p.m.	8 Staff Meeting Closed 3:30-6:30 Women's Support Group 6:30 p.m.	9 Recovery Basics 1 p.m.  Karaoke 6 p.m.	10 Coloring Pizzazz with Carla! 1 p.m. Support Group 8 p.m.	11  3 p.m.  Music Group 5p.m.
12 Sorry We're Closed 	13 Noon Yoga 12:00 Renewed Hope 4 p.m. Change is Possible 6 p.m.	14 Goal Setting  1 p.m. Playing with Words 4 p.m.  Spades 6 p.m.	15 Jewelry Making with Carla at 1 p.m. WHAM 3 p.m. Women's Support Group 6 p.m.	16 Advocating for Yourself! 1 p.m. Social Skills 6 p.m.	17 Coloring Pizzazz with Carla! 1 p.m. Support Group 8 p.m.	18  1 p.m. Social Skills 5p.m.
19 Sorry We're Closed 	20 Noon Yoga 12:00 Moving Forward 6 p.m.	21  THANKSGIVING IT'S A POTLUCK! 2-5 p.m.	22 Thumbball Toss 1 p.m. WHAM 3 p.m. Women's Support Group 6:30 p.m.	23  Happy Thanksgiving sorry we're closed	24 Laughter Yoga 1 p.m. Support Group 8 p.m.	25  3 p.m.  Music Group 5p.m.
26 Sorry We're Closed 	27 Noon Yoga 12:00 Hope & Recovery 6 p.m.	28  1 p.m.  Spades 6 p.m.	29 Staff Training Sorry we're Closed 	30 Positive Thinking 1 p.m. Social Skills 6 p.m.	 Trillium DROP-IN CENTER, INC.	

need more info? call us: 703.763.3865

check us out on the web: www.TrilliumDropInCenter.org